Wykeham Sports Club



WINCHESTER COLLEGE

Summer Holiday 2019 Fitness Suite Timetable Monday 22nd July – Sunday 28th July

DAY	Time
Monday 22 nd	7.00am – <mark>8.00pm</mark>
Tuesday 23 rd	7.00am – 8.00pm
Wednesday 24 th	7.00am – 8.00pm
Thursday 25 th	7.00am – 8.00pm
Friday 26 th	7.00am – <mark>8.00pm</mark>
Saturday 27 th	7.00am – 3.00pm
Sunday 28 th	9.00am – 3.00pm

- Please note that you must bring clean, indoor trainers or appropriate shoes if you wish to use the fitness suite.
- Please ensure that you wipe down and sanitize any equipment when you have finished using it (where applicable)
- An induction must be completed before you can use the Fitness Suite. This can be arranged at reception.
- Anyone aged 15 or under may not use the Fitness Suite under any circumstances.
- Anyone aged 16-18 must seek permission from the head of PE before they are allowed to use the fitness suite, and must then be supervised by an adult while using the gym.
- Please be respectful and mindful of other users of the gym at all times.

Session times include any time required to change or shower.